

# STUDENT SUCCESS DAY SCHEDULE

## It's All About You

### February 15, 2011



Student Success Day is a day set aside each semester to support academic success. Student Success Day provides opportunities for career building and personal growth, and making connections with students, staff, faculty, LSC and our community. Through the variety of sessions and activities scheduled, Student Success Day provides opportunities for you to focus on sessions and activities to support your success.

### **Suggestions to get the most out of your Student Success Day:**

- Write your Student Success Day schedule in the space provided on the planning sheet. If you have questions, talk to your instructors or advisors. Enjoy your day.
- Make appointments to connect with your instructors during the day – see how you are doing in each of your classes. Find out what you can do to improve.
- Arrive early and enjoy juice and a breakfast bar. (Available at the registration table as you come in)
- Plan to attend the keynote presentation at 12:00 in the Commons. The event is sponsored by Student Life.
- After attending the keynote presentations, enjoy pizza!

Attendance information for Student Success Day: evening classes will begin at 4:00PM. Look over the concurrent sessions and select sessions you want to attend. Be sure to check to see when your teachers will be available for conferences; make appointments, if necessary. Individuals with disabilities may request reasonable accommodations by contacting LSC's Disability Services at (218) 733-7650, S1911, or [g.robillard@lsc.edu](mailto:g.robillard@lsc.edu).

**Fill out your schedule for Student Success Day on the next page.**

## MY SCHEDULE FOR STUDENT SUCCESS DAY

<b>Time</b>	<b>Title and Presenter</b>		<b>Room</b>
Consult Teachers	CONFERENCES WITH YOUR TEACHERS/COUNSELORS/ADVISORS	Make appointments to see how you are doing and learn about strategies for success	Ask Teacher
8:30 A.M.	<b>Registration</b>		Entrances
9:00 – 9:50			
10:00 – 10:50			
10:30 – 1:15	<b>Check out the Information Tables</b>	Clubs, Campus Resources, Health Information, Community Resources	Lower Concourse
11:00 – 11:50			
12:00 – 12:50	<b>Keynote Speaker: Melanie Hartman My Lucky Day! Aptitude vs. Attitude</b>	Discover how having a positive attitude, the right skill set, a carefully crafted plan and a bit of courage can make all the difference.	Commons
1:30 – 2:20			
2:30 – 3:20			

## 9:00 SESSIONS

9:00-9:50	<p><b>Adaptive Equipment Demo</b></p> <p>Presenters: Georgia Robillard and Neva Swanson</p>	Demonstration on how technology can assist individuals with disabilities. Software demonstration of Dragon Dictate, Kurzweil and Zoom Text. Accommodation discussion for specific disabilities.	<b>S1914 Student Services Center</b>
9:00-9:50	<p><b>Technology Skills Assessment</b></p> <p>Presenters: Christine Torma and Carly Dammer</p>	FYE students are strongly encouraged to take the technology skills assessment, you will receive a Free USB drive! The USB drive is for FYE students only!	<b>S2960</b>
9:00-9:50	<p><b>Administrative Support Program Advising</b></p> <p>Presenter: June Siiter</p>	Meet with ADSC students. Advise and answer questions and address concerns. Help with any ADSC courses currently enrolled in.	<b>S2984</b>
9:00-9:50	<p><b>Cheers! The Liquid Facts of Alcohol and College</b></p> <p>Presenter: Roxanne Frederick</p>	The consequences of excessive and underage drinking affect virtually all college campuses, communities, and college students, whether you choose to drink or not. Through this interactive presentation you will learn signs and symptoms of alcohol poisoning and best practices to be responsible & safe when consuming alcohol. We'll have an open discussion of "what is going on in the real world" of "Thirsty Thursdays" and of what you need to be aware.	<b>W2884</b>
9:00-9:50	<p><b>Financial Aid Q &amp; A</b></p> <p>Presenter: Emily Warner</p>	Open session for questions and answers regarding financial aid.	<b>S2956</b>
9:00-9:50	<p><b>The Quest for Health Insurance</b></p> <p>Presenter: Peggy Ostman</p>	Looking for affordable health insurance? Do you know someone who is uninsured? Learn about public insurance programs, prescription assistance programs, Community Care programs	<b>E2328</b>

		for past medical bills, and affordable medical care. Visit with Health Care Access Office representative to answer all your questions. Don't miss this opportunity!	
9:00-9:50	<b>Managing Conflicts Productively</b>  Presenter: Natalie Bothwell	Do you handle your conflicts effectively? Learn about the different strategies individuals typically use to get what they want from others and how you can handle your conflicts in a more productive way in this interactive session.	<b>E2410</b>
9:00-9:50	<b>How To Release Neck, Shoulder, and Back Pain</b>  Presenter: Dave Burson	Learn how to release tight painful muscles of your neck, shoulder's, and back. Movements are performed on the floor and are gentle and slow. Bring a blanket or pad!	<b>E1114 (next to Wellness Center)</b>
9:00-9:50	<b>Online Student Activities</b>  Presenters: Roger Johnson and Heather Grillo	Student Life needs your help! We are in dire need of ideas for activities that can be offered online. This is a brain storming session. Let's get our heads together and come up with an online program that we can build upon.	<b>W2812</b>
9:00-9:50	<b>Resume' and Cover Letters &amp; Other Scary Stuff</b>  Presenter: Mary Nienaber	Are you comfortable with the best way to put together a resume', considering your experience and education? Do the words flow from your pen as you sit down to write a cover letter? If YES, you can skip this session! However, if some of these job searching tasks have you stumped come and enjoy this interactive and entertaining session. You won't fall asleep! From the frank and experienced HR mind of Mary Nienaber, HR Director at LSC you will hear, in no uncertain terms, up-to-date information on resume' preparation, cover letter development and generalized job search tips.	<b>S2942</b>

9:00-9:50	<p><b>Smart Money: Financial Skills For College Students</b></p> <p>Presenter: Becky Hagen Jokela</p>	<p>Purpose: To strengthen the money management decision skills of students.</p> <p>Topics: Individual values, goals and decision-making; making and managing a spending plan; managing credit and debt; and developing a saving plan.</p>	<b>E2012</b>
9:00-9:50	<p><b>Secret Streams, Waterfalls and Wild Places in Duluth</b></p> <p>Presenter: Tim Larson</p>	<p>Within the city limits of Duluth are 43 streams, 16 state-designated trout streams, dozens of waterfalls, and miles and miles of hiking trails through forested lands more wild and remote than many places along the famous North Shore of Lake Superior. Come and learn about where you can find beautiful scenery and wilderness experiences-right in Duluth!</p>	<b>S2980</b>
9:00-9:50	<p><b>Transfer Fair</b></p> <p>Presenters: Transfer Specialists from Local Universities</p>	<p>Interested in furthering your education by transferring to a four-year College or University? Join local transfer specialists from UWS, UMD, CSS and others to gather information and prepare you for a seamless transition to their school.</p>	<b>E2462</b>
9:00-9:50	<p><b>Considering a Nursing Career? Open Wound Dressing Lab</b></p> <p>Presenter: Carleen Ronchetti</p>	<p>Demonstration of a nursing skill, including the explanation of program standards in a skills lab setting.</p>	<b>E2326</b>
9:00-10:50	<p><b>Snowshoe Geo-Cache!</b></p> <p>Presenters: Steve Dalager, Adrienne Dinneen, Cliff Koski, Heidi Bagley, and Josh Tesch</p> <p><b>Please note: This is a 2 hour session.</b></p>	<p>Snowshoe to find 4 different geo-caches surrounding the campus. No snowshoes? No problem; we'll supply 'em. No GPS device? No problem; we'll supply 'em. That said, feel free to use your own. Prizes? You betcha. Bring items to exchange at the geo-caches, or not. Dress for the weather; just sayin': It's all good. It's all geo. It's all out there!</p>	<b>Meet at information desk at E-entrance</b>

## 10:00 SESSIONS

10:00-10:50	<p><b>Technology Skills Assessment</b></p> <p>Presenters: Christine Torma and Carly Dammer</p>	<p>FYE students are strongly encouraged to take the Technology Skills Assessment. After completing the 15-20 minute assessment, you will receive a free USB drive! The USB drive is for FYE students only.</p>	<b>S2960</b>
10:00-10:50	<p><b>Strategies for Online Learning Success</b></p> <p>Presenter: Susan Brashaw</p> <p><b>Please note: This is an online session!</b></p>	<p>This interactive web-based session will provide students with strategies for success in the online classroom. To join the session, please go to the following site:  <a href="http://lakesuperiorcollege.dimdim.com/lundbeva/">http://lakesuperiorcollege.dimdim.com/lundbeva/</a></p>	<b>Online</b>
10:00-10:50	<p><b>Transfer Fair</b></p> <p>Presenter: Transfer Specialists from Local Universities</p>	<p>Interested in furthering your education by transferring to a four-year college or university? Join local transfer specialists from UWS, UMD, CSS, and others to gather information and prepare you for a seamless transition to their school.</p>	<b>E2462</b>
10:00-10:50	<p><b>Mathematics of Car Depreciation, Scratch Games, Weight Loss, and More!</b></p> <p>Presenter: Mike Sakowski</p>	<p>Calculators for finding the future value of your new car, the expected amount you will win in a scratch game, how to lose 10 or more pounds in a day, and more are presented and explained. Bring your laptops so you can try out the online calculators yourself.</p>	<b>W2884</b>
10:00-10:50	<p><b>Scholarship Opportunities – Learn How to Apply!</b></p> <p>Presenter: LuAnne Anderson</p>	<p>We will help identify scholarship opportunities for students. Step-by-step Stars application instruction will be provided including the opportunity to ask questions of LSC Foundation</p>	<b>E2048</b>

		staff.	
10:00-10:50	<b>Smart Money: Financial Skills for College Students</b>  Presenter: Becky Hagen Jokela	Purpose: To strengthen the money management decision skills of students Topics: Individual values, goals, and decision-making; making and managing a spending plan; managing credit and debt; and developing a savings plan.	<b>E2012</b>
10:00-10:50	<b>Your Student Senate</b>  Presenter: Chandra Shoberg	A short overview of the LSC Student Senate and then games and prizes	<b>W2812</b>
10:00-10:50	<b>Careers in Psychology</b>  Presenter: Marie Carter Brooks	Have you heard that Psychology majors end up working at McDonald's? Not true! Students who have a plan of what they want to do with their Psychology degree, and who make themselves marketable to employers, are successful. This session will help students explore careers in Psychology and get started developing a career plan.	<b>E1166</b>
10:00-10:50	<b>Managing Conflicts Productively</b>  Presenter: Natalie Bothwell	Do you handle your conflicts effectively? Learn about the different strategies individuals typically use to get what they want from others and how you can handle your conflicts in a more productive way in this interactive session.	<b>E2410</b>
10:00-10:50	<b>Understanding Your Degree Requirements</b>  Presenter: Emily Chapinski	If you don't know what your Interactive Degree Audit Report is, you really need to be at this session! The Degree Audit Report is the best way to be sure that you understand your degree requirements and that you are on track to finish your program on time and without wasted credits, time, or money! The session will be a relaxed open lab environment and is presented by an	<b>S1971</b>

		experienced advisor who can answer your questions and give you some tricks of the trade.	
10:00-10:50	<b>iGoogle, Do You?</b>  Presenter: Megan Bugge	Learn the basics of what Google has to offer. Not only is Google a search engine, it is also a map maker, wiki (website) creator, virtual library, and personal shopper!	<b>S2984</b>
10:00-10:50	<b>Preventative Auto Maintenance</b>  Presenter: Automotive Students	Preventive auto maintenance – getting your car ready for spring.	<b>W2710</b>
10:00-10:50	<b>Fire! Grab an Extinguisher!</b>  Presenters: Marty Schubitzke, Rob Little	Learn what makes a fire burn and how to put it out, a skill everyone should know. Some students will be doing hands-on training with an extinguisher.	<b>W1832</b>
10:00-10:50	<b>Fire Safety at Home</b>  Presenters: Mark Behning	This is a general session on fire safety for students. Topics will include tips and suggestions for keeping your house, apartment, or dorm room safer.	<b>W2866</b>
10:00-10:50	<b>Pre-Nursing Advising</b>  Presenter: Rochelle Luoma	Meet with the pre-nursing advisors to learn about entrance requirements for the different nursing programs at LSC. You'll also receive information about completing your Associate in Arts (AA) degree and preparing for RN to BSN programs.	<b>S2980</b>
10:00-10:50	<b>Medical Administrative Program Informational Session</b>  Presenter: Barb Struck	Advisor will meet with program students to discuss differences among the five medical clerical programs.	<b>S2986</b>
10:00-10:50	<b>Taking Control of Destiny: Themes in Frederick Douglass' <i>Narrative in the Life of an American Slave</i></b>  Presenter: Kelli Hallsten	In conjunction with the One Campus, One Book Read, this session will explore several of the many themes present in Douglass' <i>Narrative</i> . Come to this session ready to discuss the many powerful aspects of this enduring piece of literature.	<b>E2154</b>

10:00-10:50	<b>Never Diet Again.....Secrets to Weight Loss and Body Image Transformation!</b>  Presenter: Karen Green	Karen Green, Psychology professor, licensed professional clinical counselor, and certified intuitive eating counselor will share the weight loss and body image transformations that enabled her to lose 100 pounds safely and without diets and expensive equipment.	<b>S2964</b>
10:00-10:50	<b>Women's Health Matters</b>  Presenter: Erin Daniel	A reproductive and sexual health update and overview provided by Planned Parenthood staff of Northeastern, MN.	<b>E2328</b>

**11:00 – 1:00 Information Tables in the lower concourse.**

## 11:00 SESSIONS

11:00-11:50	<b>Technology Skills Assessment</b>  Presenters: Christine Torma, Carly Dammer	FYE students are strongly encouraged to take the Technology Skills Assessment. After completing the 15-20 minute assessment, you will receive a free USB drive! This USB drive is for FYE students only!	<b>S2960</b>
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11:00-11:50	<b>Online Student Activities</b>  Presenters: Roger Johnson, Heather Grillo	Student Life needs your help! We are in dire need of ideas for activities that can be offered online. This is a brainstorming session. Let's get our heads together and come up with an online program that we can build upon.	<b>W2812</b>

11:00-11:50	<b>The End of the Table</b>  Presenter: Elizabeth Bohlke	I was diagnosed with depression and bipolar disorder at the age of 16. My presentation will consist of a slideshow, original poetry, and stories about my journey with mental illness. I am presenting because I do not want anyone to feel alone. I formerly went to LSC and am currently enrolled at UMD.	<b>S2941</b>
11:00-11:50	<b>Fire Safety at Home</b>  Presenter: Mark Behning	This is a general session on fire safety for students. Topics will include tips and suggestions for keeping your house, apartment, or dorm room safer.	<b>W2866</b>
11:00-11:50	<b>Fire! Grab an Extinguisher!</b>  Presenter: Marty Schubitzke, Rob Little	Learn what makes a fire burn and how to put it out.....a skill everyone should know. Some students will be doing hands-on training with an extinguisher.	<b>W1832</b>
11:00-11:50	<b>iGoogle, Do You?</b>  Presenter: Megan Bugge	Learn the basics of what Google has to offer. Not only is Google a search engine, it is also a map maker, wiki (website) creator, virtual library, and personal shopper!	<b>S2984</b>
11:00-11:50	<b>Eating Healthy on a Budget</b>  Presenter: Susan Bradshaw	This session will introduce students to basic nutrition principles, provide numerous examples of healthy and inexpensive meals, and provide the opportunity for nutrition-related questions.	<b>E2012</b>
11:00-11:50	<b>Two or Four years – Technician or Engineer?</b>  Presenter: Cliff Koski	What is your career goal? Come and discuss the difference between a two-year Engineering Technician and a four-year Engineering degree. The primary focus is the Civil Engineering field but is applicable to all engineering degrees.	<b>S2956</b>
11:00-11:50	<b>The Party Game</b>  Presenter: Paul Waterman	Begin the career decision making process with a fun, interactive Party Game.	<b>E2156</b>

11:00-11:50	<b>Clayton Jackson McGhie Memorial Bringing a Community Together</b>  Presenter: Carl Crawford	We will talk about the history of the memorial and how students can get involved with philanthropic giving. We will also look at how the CJMM continues to fight against racism today (celebrate Black History month).	<b>E2154</b>
11:00-11:50	<b>Frederick Douglass and America's Long March from Slavery to Freedom</b>  Presenter: Paul Richgruber	Born into slavery in 1818, Frederick Douglass would later write a moving account of his memories of life as another man's possession in the "land of the free." This session will explore the illuminating history of an extraordinary American (in conjunction with One Campus – One Book).	<b>S2964</b>
11:00-11:50	<b>Business Professionals of America Student Organization Meeting</b>  Presenter: Barb Struck	Informational meeting for Professional Leadership Conference and State Leadership Competition.	<b>S2986</b>
11:00-11:50	<b>Knitting – Stress Relief &amp; Garment, too</b>  Presenter: Rita O'Connell	If you know how to knit OR need inspiration to start, I'll show a number of beginners to advanced projects to inspire you. Easy patterns, instructions, and local yarn store & knitting-on-line information will be provided to take home.	<b>E2410</b>
11:00-11:50	<b>Secret Streams, Waterfalls, and Wild Places of Duluth</b>  Presenter: Tim Larson	Within the city limits of Duluth are 43 streams, 16 state-designated trout streams, dozens of waterfalls, and miles and miles of hiking trails through forested lands more wild and remote than many places along the famous North Shore of Lake Superior. Come and learn about where you can find beautiful scenery and wilderness experiences – right in Duluth!	<b>S2980</b>
11:00-11:50	<b>Cheers! The Liquid Facts of Alcohol and College</b>	The consequences of excessive and underage drinking affect virtually all college campuses,	<b>W2884</b>

	Presenter: Roxanne Frederick	communities, and college students whether you choose to drink or not. Through this interactive presentation you will learn signs and symptoms of alcohol poisoning and best practices to be responsible and safe when consuming alcohol. We'll have an open discussion of "what is going on in the real world" of "Thirsty Thursdays" and what you need to be aware of.	
11:00-11:50	<b>Resume and Cover Letters and other Scary Stuff</b>  Presenter: Mary Nienaber	Are you comfortable with the best way to put together a resume, considering your experience and education? Do the words flow from your pen as you sit down to write a cover letter? If YES, you can skip this session! However, if some of these job searching tasks have you stumped, come and enjoy this interactive and entertaining session. You won't fall asleep! From the frank and experienced HR mind of Mary Nienaber, HR Director at LSC, you will hear, in no certain terms, up-to-date information on resume preparation, cover letter development, and generalized job search tips.	<b>S2942</b>

**12:00 – 1:00 Guest Presenter**

**Melanie Hartman**

**My Lucky Day! Aptitude vs. Attitude**

**LSC Commons**

Enjoy Pizza after presentation

## 1:30 SESSIONS

1:30-2:20	<p><b>Color Swatch: Using True Colors to Find and Land the Right Job</b></p> <p>Presenter: Melanie Hartman</p>	Color my world a shade of understanding and see how things improve. By exploring how you (and others) communicate and process information, you can advance to the next level. Find the job that suits you, sharpen your resume and really make an impact in an interview. What is your color? Come and find out.	<b>S2964</b>
1:30-2:20	<p><b>Technology Skills Assessment</b></p> <p>Presenters: Christine Torma, Carly Dammer</p>	FYE students are strongly encouraged to take the Technology Skills Assessment. After completing the 15-20 minute assessment, you will receive a free USB drive! The USB drive is for FYE students only!	<b>S2960</b>
1:30-2:20	<p><b>Strategies for Online Learning Success</b></p> <p>Presenter: Susan Brashaw</p> <p><b>Please note: This is an online session!</b></p>	This interactive web-based session will provide students with strategies for success in the online classroom. To join the session, please go to the following site: <a href="http://lakesuperiorcollege.dimdim.com/lundbeva/">http://lakesuperiorcollege.dimdim.com/lundbeva/</a>	<b>Online</b>
1:30-2:20	<p><b>Adaptive Equipment Demo</b></p> <p>Presenters: Georgia Robillard, Neva Swanson</p>	Demonstration on how technology can assist individuals with disabilities. Software demonstration of Dragon Dictate, Kurzweil, and Zoom Text. Accommodation discussion for specific disabilities.	<b>S1914</b>
1:30-2:20	<p><b>Scholarship Opportunities – learn how to apply!</b></p> <p>Presenter: LuAnne Anderson</p>	We will help identify scholarship opportunities for students. Step-by-step Stars application instruction will be provided including the opportunity to ask questions of foundation staff.	<b>E2048</b>
1:30-2:20	<p><b>Your Student Life: How to Make the Most of It</b></p>	Learn about all of the services offered through Student Life: Wellness Center, Programming	<b>E2328</b>

	Presenter: Heather Grillo	Board, Health Service, Leadership, Recreational Sports, etc. Discover the benefits of getting involved in clubs and organizations at LSC.	
1:30-2:20	<b>Your Student Senate</b> Presenter: Chandra Shoberg	A short overview of the LSC Student Senate and then games and prizes.	<b>W2812</b>
1:30-2:20	<b>How to Create Your Personal Support Network</b> Presenter: Jim Drake	Do you have a personal support network? Working? Attending school? Family responsibilities? Learn how important it is to set up a personal support network so that you can thrive rather than just survive. Learn how to set up an effective personal support network with the help of your friends and family.	<b>S2956</b>
1:30-2:20	<b>Preventative Auto Maintenance</b> Presenter: Automotive Students	Preventative auto maintenance – getting your car ready for spring.	<b>W2710</b>
1:30-2:20	<b>Understanding Your Degree Requirements</b> Presenter: Emily Chapinski	If you don't know what your Interactive Degree Audit Report is, you really need to be at this session! The Degree Audit Report is the best way to be sure that you understand your degree requirements and that you are on track to finish your program on time and without wasted credits, time, or money! The session will be a relaxed open lab environment and is presented by an experienced advisor who can answer your questions and give you some tricks of the trade.	<b>S1971</b>
1:30-2:20	<b>Knitting – Stress Relief and a Garment, too</b> Presenter: Rita O'Connell	If you know how to knit OR need inspiration to start, I'll show a number of beginners to advanced projects to inspire you. Easy patterns, instructions, and local yarn store and knitting-on-	<b>E2410</b>

		line information will be provided to take home.	
1:30-2:20	<p><b>Critical Thinking</b></p> <p>Presenter: Betsy Ingram-Diver</p>	Want to learn to think critically? There are ways to practice critical thinking! Come and tax your brain for 50 minutes!	<b>S2941</b>
1:30-3:20	<p><b>Networking for Paralegal Students/Paralegal Studies Advising Sessions</b></p> <p>Presenters: Steve Schneider, Tina Johnson</p> <p><b>Please note: This is a 2 hour session.</b></p>	Networking is a necessary job search strategy for paralegals seeking employment in today's competitive market. This is your chance to meet practicing paralegals, lawyers, and other legal employers and discuss your best avenues to employment after graduation.	<b>S2986</b>
1:30-3:00	<p><b>Film Festival "The Business of Being Born" with open discussion following the movie</b></p> <p>Presenter: Tracy Moshier</p> <p><b>Please note: This is a 1 hour and 30 minute session.</b></p>	Birth is a miracle, a rite of passage, a natural part of life. But birth is also big business. Compelled to explore the subject after the delivery of her first child, Ricki Lake recruits filmmaker Abby Epstein to question the way American women have babies. The film interlaces intimate birth stories with surprising historical, political, and scientific insights and shocking statistics about the current maternity care system. When director Epstein discovers she is pregnant during the making of the film, the journey becomes even more personal. Should most births be viewed as a natural life process, or should every delivery be treated as a potentially catastrophic medical emergency? Come to this session, watch, and discuss the controversy surrounding birth choices.	<b>E2306</b>

## 2:30 SESSIONS

2:30-3:20	<b>Technology Skills Assessment</b>  Presenters: Christine Torma and Carly Dammer	FYE students are strongly encouraged to take the Technology Skills Assessment. After completing the 15-20 minute assessment, you will receive a free USB drive! This USB drive is for FYE students only!	<b>S2960</b>
2:30-3:20	<b>Co-ed Speed Ping Pong Tournament</b>  Presenter: Steve Dalager	Show up to Student Life – Game On! We’ll draft a tourney bracket on the spot. With one table, time will be a factor. Prelim rounds will play to 6 after a 2 min warm up. Semi games will be to 11. Final to 21 – best of 3 times allows. Bring your own paddle or not. We’ve got balls. First prize? A Facebook pic with Heather in the Grillo Pad.	<b>Student Life</b>
2:30-3:20	<b>Financial Aid Q &amp; A</b>  Presenter: Emily Warner	Open session for questions and answers regarding financial aid.	<b>E2012</b>
2:30-3:20	<b>Pre-Nursing Advising</b>  Presenter: Rochelle Luoma	Meet with the pre-nursing advisors to learn about entrance requirements for the different nursing programs at LSC. You’ll also receive information about completing your Associate in Arts (AA) degree and preparing for RN to BSN programs.	<b>S2980</b>
2:30-3:20	<b>MISSION not IMPOSSIBLE</b>  Presenter: Sue Doering	We are all busy with places to go, people to see, and things to do! But are we achieving what we really want in a way that earns our self-respect, the respect of others, and living with purpose? Are we working harder, not smarter? Come join me in writing your own personal mission statement to use as a guide for life that you can revise over time. Think professionally, personally, spiritually, academically, or with family-orientation! The choice is yours to make because	<b>E2048</b>

		it is all about you! Samples will be shared and you'll leave with a clearer vision!	
2:30-3:20	<b>The Party Game</b>  Presenter: Paul Waterman	Begin the Career Decision making process with a fun interactive Party Game!	<b>E2156</b>
2:30-3:20	<b>PSEO Students at LSC</b>  Presenter: Eric Brandt	This session is for current PSEO students at LSC. We will be covering information relevant to high school juniors and seniors, such as mid-semester progress reports and planning for next semester. This session will be informative and fun!	<b>S2942</b>
2:30-3:20	<b>Clayton Jackson McGhie Memorial Bringing a Community Together</b>  Presenter: Carl Crawford	We will talk about the history of the memorial and how students can get involved with philanthropic giving. We will also look at how the CJMM continues to fight against racism today (celebrate Black History month).	<b>E2154</b>
2:30-3:20	<b>How to Create Your Personal Support Network</b>  Presenter: Jim Drake	Do you have a personal support network? Working? Attending school? Family responsibilities? Learn how important it is to set up a personal support network so that you can thrive rather than just survive. Learn how to set up an effective personal support network with the help of your friends and family.	<b>S2956</b>
2:30-3:20	<b>Critical Thinking</b>  Presenter: Betsy Ingram-Diver	Want to learn to think critically? There are ways to practice critical thinking! Come and tax your brain for 50 minutes!	<b>S2941</b>