

Counseling Services at Lake Superior College,
Phone 218-733-7603

Counselors are available to assist students in career planning, stress management, crisis intervention, and family and personal relationship concerns. Additionally, the Student Services Center contains career and life planning materials, and information about a variety of career assessment instruments.

ADDITIONAL RESOURCES:

Learning Disabilities Association of America: www.ldantl.org

Association of Higher Education and Disability AHEAD:
www.ahead.org

Learning Disabilities Association of MN: www.ldaminnesota.org

Lake Superior College
2101 Trinity Road
Duluth, MN 55811

Fax 218-733-7765
MRS/TTY 800-627-3529
1-800-432-2884, ext. 7650

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Available in alternative format upon request.



Successful Strategies for Students

Learning Disabilities



Connect. Explore. Achieve.



Seek support from the college's Disability Services Office

Use a planner to stay organized. Plot out due dates for assignments and tests in the planner.

Reading

Underline or highlight important ideas for later review. Read chapter summary or end of chapter questions before starting the chapter.

Use notes or symbols within the text to identify key information. Note areas needing clarification.

After reading 2-3 paragraphs, stop to check for understanding; reread if necessary, paraphrase the information.

Use scan and read software, or read aloud and record on audiotape.

WRITING

Use word processing software to help with organizing, editing and spell checking.

Make use of an electronic dictionary and thesaurus.

Use a tape recorder to study spelling: read and spell the word into the tape, write the word, and replay the take to check spelling.

Math

Use a calculator when applicable.

Make use of note cards with steps to follow, formulas, etc. Read word problems aloud and think out loud when solving. Schedule time to study with a peer or tutor.

Listening

Look at the speaker, take notes, ask questions. Use tape recorder to record lectures and instructions.

Speaking

Use note cards or class notes to prepare; time management is important. Practice speaking ahead of time; use a mirror, videotape, ask a family member or close friend to listen.

CAMPUS RESOURCES

<http://www.lsc.edu>

[Disability Services office at Lake Superior College, S1911](#)

[Phone 218-733-7650](#)

The Disabilities staff work to ensure that requested accommodations are provided that coincide with the documented nature of the disability. Staff provide a personable and welcoming environment for students to access services. All disability related correspondence is maintained in a confidential manner. Students are also encouraged to become their own best advocates, determining ways to effectively request reasonable accommodations to meet their educational needs.

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